

## LUNCH MENU

### SMALL PLATES

#### TUNA WONTONS

Marinated tuna, pickled ginger mayo, green onion, avocado, toasted sesame 22

#### LOCAL FISH CEVICHE

Marinated with fresh habanero oil, tomato, red onion, lime juice, cilantros 28

#### ISLAND CONCH FRITTERS

Calypso sauce, side of fresh salad 22

#### PALMS COCONUT SHRIMP

Crispy coconut shrimp, mango spicy mayo, mixed green salad 24

#### WATERMELON & FETA

Aromatic watermelon cubed, feta crumble, pistachio gremolata, balsamic glaze 20 ✓ 🥄

#### CORN TORTILLA CHIPS 18

### PIZZA

#### PIZZA MARGHERITA ✓

Mozzarella cheese, tomato, basil leaves 22

#### PIZZA AI PEPPERONI

Sliced pepperoni, oregano, marinara sauce 28

#### AI PIZZA JERK CHICKEN ✓

Jamaican marinated chicken, marinara, Buffalo mozzarella 26

#### PIZZA DE QUESO

Marinara, Buffalo, mozzarella 22

### WRAPS

#### GROUPEL WRAP

Spinach wrap tortilla, filled with pan seared grouper Fillet, quinoa, fresh spinach, passion fruit-ginger dressing, crispy red cabbage 28

#### JERK CHICKEN "JAMAICAN" WRAP

Flavorful chicken breast with a spicy touch, in a garlic wrap, grilled pineapple, arugula, roasted bell pepper dressing, Jerk mayo 28

### SALADS

#### CLASSIC CAESAR

Romaine hearts, anchovy – Caesar dressing, Focaccia crouton, Parmesan cheese 21

Option to add:

Char grilled Chicken (10) or Shrimp (12)

#### GREEK SALAD

Feta cheese, bell peppers, tomato, black olives, red onion, herbs vinaigrette served with grilled pita bread 21 ✓

#### THE PALMS HOUSE SALAD

Mixed green, avocado, mango, cherry tomato, cucumber, Kalamata olives, balsamic vinaigrette 21 ✓

Option to add:

Char grilled Chicken (10) or Shrimp (12)

### BURGER BAR

#### HOUSE BLENDED SIRLOIN BEEF 8oz 26

#### CRISPY CHICKEN BURGER 26

#### GARDEN VEGGIE BURGER 24 ✓

TOPPING & CHEESE

American, Cheddar, Swiss, Blue cheese, avocado, crispy bacon, Iceberg lettuce, arugula, vine tomato, dill pickle, red onion

Our burgers are served on a house baked sesame bun with fries

add **Green Salad** 4

**Sweet Potato Fries** 4


Gluten free bread is available, please ask you server

### HEALTHY CHOICE

#### SALMON POKE BOWL

Salmon, sushi rice, avocado, mango chunks, baby radish, jalapeno, dry seaweed, sesame seeds, pickle ginger, chipotle dressing 32

#### DUET OF QUINOA AND AVOCADO BOWL

Black and white quinoa seeds, boiled chickpea, pomegranate, baby spinach, kale, chunky avocado, citrus dressing 24 

Kindly alert your server if you have any special dietary needs. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness. 15% service charge and 12% government tax will be added to your final check.



SPICY



VEGETARIAN



VEGAN



CONTAINS GLUTEN



CONTAINS NUTS

## LUNCH MENU

### SPECIALTIES

#### JERK CHICKEN WINGS

Spiced jumbo grilled chicken wings, pineapple – habanero glaze served with fries 26

#### PALMS STYLE FISH & CHIPS

Guinness beer tempura battered local caught, house tartar sauce, coleslaw, served with fries 34

#### BAJA STYLE FISH TACOS

Flour tortilla, grilled fish, cabbage slaw, Baja sauce, carrot julienne, cilantro, sour cream, “Pico de Gallo”, served with fries 28

#### MUMBAI STYLE BUTTER CHICKEN

Indian spiced red tomato gravy, garlic naan bread, raita 34

### DESSERTS

#### CLASSIC KEY LIME PIE

Creamy key lime custard, graham crust, Raspberry sorbet 14

#### NEW YORK CHEESECAKE

Creamy classic cheesecake, strawberry compote, mango sorbet 14

#### CARIBBEAN CHOCOLATE RUM CAKE

Layers of moist chocolate sponge, infused with rum flavor, layered butter rum frosting, vanilla ice cream 14

#### TROPICAL FRESH FRUIT 14

#### ICE CREAM/ SORBET

Choose 2 scoops of our daily special homemade favorites 12

### KIDS MENU DRINKS

**Lemonade** 8

**Frozen Lemonade** 8

**Milkshakes** 10

**Chocolate, strawberry, or vanilla smoothies** 10

Strawberry-banana, mango, or mixed berry

**Juice** 8

Apple, orange, pineapple, cranberry

### KIDS STARTER

**Guacamole & Chips** 10

House made, served with tortilla chips

**Crudités** 10

Baby carrots, cucumber, celery, ranch dip

**Garden Salad** 12

Mixed greens, carrots, cherry tomatoes, mango, cucumber

### MAIN DISHES

**Cheese Quesadilla** 14

Served with sour cream and pico de gallo

**Chicken Tenders** 14

Crispy breaded chicken, fries, cucumber slices and ranch dip

**Mahi Tacos** 16

Crispy mahi in flour tortillas with tomato Salsa, crisp lettuce and cilantro sour cream sauce served with fries

**Penne Butter** 16

Creamy butter, shaved parmesan

### SWEETS

**Chocolate Fudge Brownie** 10

Rich chocolate brownie with vanilla ice cream

**Cookie Monster** 10

Two house baked cookies —

Choice of chocolate chip or short bread cookies

**Fruit Salad** 10

Honeydew melon, cantaloupe watermelon, pineapple, mango sorbet